

Nutrition with Intention™

Fall Edition 2015

New Spirit Naturals' Skin Care Issue

Maintain Youthful Skin
with our PentaCare™
Skin Care Program

Pamper Yourself with
New Spirit Naturals'
Spa Products

Reverse the Signs
of Photo-Aging with
Viva La Derma Plus A



NEW SPIRIT
NATURALS

A Message from Dr. Milam

In this issue, we are featuring some of our **exciting skin and body care products** formulated to help keep you looking your best and reducing or slowing the skin's aging process.

The aging of our skin is a complex biological process influenced by a combination of both endogenous (intrinsic) and exogenous (extrinsic) factors. Because the skin's health and beauty is considered one of the principle factors representing overall "Wellness" and the perception of "Health" in humans, it is important that we pay attention to our skin and work to reduce the factors that cause excessive skin aging.

We are generally first alerted to changes in our skin through wrinkling, laxity, dryness and general thinning of the skin. Many of these changes have been developing over time internally and are masked from our ambient "eyes". These changes can be a result of cellular metabolism, diet, hormonal and metabolic processes.

One change to our skin is the gradual reduction in collagen that occurs as we age. Science now tells us that the overall collagen content per unit of the skin surface is known to decline approximately 1% per year beginning in our late 20's. As we age, it is not only the loss of collagen production that changes our skin's appearance but also the fact that the collagen we have often becomes irregular and disorganized. The ratio of Collagen III to Collagen I has been shown to increase due significantly to the loss of Collagen I.

Glycoaminoglucans and hyaluronic acid, the primary water binding constituents of the skin, often become unable to function effectively as well. The gradual loss of the skin's elasticity leads to the phenomenon of "sagging". All of these factors can be influenced by a healthy diet, good lifestyle choices and a **good daily skin care**.

Through a healthy, balanced diet, a beneficial daily skin care regime and New Spirit Naturals' biologically active supplements, we can often promote the natural synthesis of

many of the constituents and materials that can slow and even reverse our skin's aging process.

Our skin and body care products incorporate two main groups of agents that can be classified as anti-aging. The first group is the antioxidants. These include vitamins A, C and E, polyphenols and flavonoids that reduce collagen degradation by reducing the concentration of free radicals in the tissues.

The second group is cell regulators such as messenger peptides and growth factors. These molecules stimulate the skin's fibroblasts to rebuild the extracellular matrix, including the synthesis of Collagen I and III, fibronectin and Glycoaminoglycans. For added benefit, we incorporate a group of polypeptides that help control the secretion of cytokines (interleukin 6) in keratinocytes and fibroblasts which help improve elasticity and firmness and help hydrate and promote skin smoothness. These peptides act in the same way as DHEA which is known as a "youth hormone" at the cutaneous level. These polypeptides or oligopeptides are composed of amino acids and can imitate a peptide sequence of molecules, such as collagen or elastin. Through topical application, polypeptides have the ability to stimulate collagen synthesis and activate dermal metabolism.

New Spirit Naturals' **PentaCare™ Skin Program** incorporates many advanced materials that are not found in most skin care products. That's why you can see a **visible difference after 10 to 14 days** of use. Most other products offer only temporary hydration, while PentaCare™ offers biological intervention at the root cause of skin aging. When used in conjunction with New Spirit Naturals' nutritional formulations, the results are even more amazing.

If your desire is to **look better** and to **look younger** at any age then now is the time to use these products on a daily basis. I have personally used these skin care products now for over 20 years and can tell you without reservation that they work.

To your good health and a younger looking you.

New Spirit Naturals' Success Academy

Every Business Requires Training to be Successful

Success for most people is not accidental. It is the result of constant growth through education and training.

At the New Spirit Naturals' Success Academy, you will be provided the skills, techniques, helpful hints and hands-on training to help you grow your business. You will also learn how to empower others to achieve their goals and dreams as a part of this 100 BILLION DOLLAR industry.

Join us for our final seminar of the year for fun, motivating and action packed training. Topics to be covered include:

- Becoming an Entrepreneur: Identifying the Right Opportunity at the Right Time.
- Developing your personal goals and learning self motivation techniques for success.
- Overcoming challenges and obstacles when sharing your opportunity.
- Expanding your knowledge of the New Spirit Naturals' product line.
- Marketing tools for social media.
- How to set goals and achieve them.
- Presentation techniques for impact.
- Building belief in your brand.
- Communication skills to become an effective leader.
- Realizing your potential as a leader in the natural health care industry.

Individual session for \$119.00 each

Each session will be held at the New Spirit Naturals Corporate Office

Friday: 9:30 a.m. - 5:00 p.m.

Saturday: 9:30 a.m. - 2:00 p.m.

Session Four: November 13th - 14th, 2015



Success is living up to your potential



Pamper Yourself with Soothing Botanicals The New Spirit Spa Collection

Revitalizing Shampoo

Infused with natural ingredients, this rich treatment grade shampoo provides a dense foam which cleanses the scalp of excess oils and toxins (which can cause premature hair loss).

New Spirit Naturals' Revitalizing Shampoo is infused with Sacha Inchi, an Amazon rainforest seed oil and a metabolic agent, StimuCap™. This amazing ingredient aids in the prevention and reduction of premature hair loss by naturally moderating the scalp's inflammatory process.†

Ingredients include: Aloe, Sacha Inchi, StimuCap™, Amino Acids and a color lock agent.

- Panthenol (Vitamin B5) binds to hair follicles penetrating the cuticle and can thicken the hair.
- ProdeW™ is a solution containing eight amino acids that helps moisturize the skin and hair.
- Lipacide UG is a cutaneous acidifier and anti-dandruff agent.
- Cocamidopropyl Hydroxysultaine is a color locking agent, anti-static agent derived from coconut fatty acids.
- A unique aromatherapy blend magnolia blossom, white jasmine lilies, melon, clean apple, citrus, orange blossom, lush peony, sweet peach

Revitalizing Conditioner

New Spirit Naturals' Revitalizing Conditioner has been infused with Sacha Inchi that contains a beneficial source of Omega 3, 6 and 9 and provides your hair with a natural gloss while keeping your scalp healthy. StimuCap™, a metabolic agent, helps in the prevention and reduction of premature hair loss by naturally moderating the scalp's inflammatory process.†

Revitalizing Conditioner's key ingredients include: Aloe, Sacha Inchi, StimuCap™, Amino Acids, and a color lock agent.

It is formulated for daily and deep conditioning use and is designed to be used in conjunction with New Spirit's Revitalizing Shampoo.

Moisturizing Body Wash

A moisturizing and cleansing body wash formulated with gentle cleansing agents to provide flash foam.

The key ingredients found in New Spirit Naturals' Moisturizing Body Wash include:

- Aloe Vera - Moisturizes, smoothes and softens the skin and helps increase collagen deposition.
- Organic Sacha Inchi - with the same benefits found in Revitalizing Shampoo and Conditioner.
- Cocamidopropyl Hydroxysultaine - derived from coconut fatty acids works as a skin conditioning agent.
- A unique aromatherapy blend of Aloe Vera, Green Clover, Sicilian Bergamot, Bamboo, Green Rosemary, Lily, Lavender and sheer musk.

Moisturizing Body Lotion

Treat yourself to a spa day with New Spirit's Moisturizing Body Lotion. A paraben free lotion that contains the following key ingredients:

- Aloe Barbadensis which moisturizes, smoothes, and softens the skin.
- Organic Sacha Inchi from the legendary Peruvian Amazon Rainforest. This virgin cold pressed oil contains one of nature's highest contents of natural omega 3 fatty acids (48%) and omega 6 and 9's (44%).
- Avocado Oil
- Vitamin E
- Jojoba Oil

Our Moisturizing Body Lotion includes a botanical herbal blend of Aloe, Chamomile, Cucumber, Seaweed, Elderberry, Orange Peel, and Rose extracts. These extracts refresh and tone the skin.

The Miracles of Aloe Vera

Our Research & Development Team at New Spirit Naturals has reviewed hundreds of scientific papers describing the activities of Aloe Vera gel when taken internally and when applied externally to skin and hair. Certain characteristics of Aloe Vera are described repeatedly and are well documented. These include:

1. It is a natural cleanser.
2. It penetrates tissue.
3. It anesthetizes the tissue in the area to which it is applied, relieving pain deep beneath the surface including pain associated with joints and sore muscles.
4. It is antipyretic – reduces the fever or heat of sores.
5. It is anti-inflammatory.
6. It is antipruritic – stops itching.
7. It provides a wide range of vitamins and minerals.
8. It dilates capillaries increasing blood supply in the area to which it is applied.
9. It breaks down and digests dead tissue hastening the degenerative phase of healing.
10. It enhances normal cell proliferation (epithelization) hastening the regenerative phase of healing.
11. It moisturizes the tissue to which it is applied.
12. Aloe Vera is comparable in safety to any edible tropical fruit or vegetable. It has been taken internally on recommendation of physicians by literally thousands of people of all ages from infants to the elderly in the U.S. and throughout the world since 400 years before Christ.

Aloe vera gel is approved by the Food and Drug Administration for treatment of burns and minor skin problems. There has been no acknowledgement by the FDA that Aloe vera gel will cure any internal disease. However, since it has these properties and is known to be safe, many people both physicians and patients, use it as an adjunct to their regular health program to see for themselves if it provides additional benefits.

Resources:

Pharmacological Activities of Aloe Vera Gel by Clinton H. Howard
Burnes, T.C. The healing actions of extracts of Aloe Vera leaf on abrasions of human skin. *American Journal of Botany*. V 34:(10)597. 1947.
Blitz, J.J., Smith, J.W., Aloe Vera gel in peptic ulcer therapy: preliminary report. *Journal of the American Osteopathic Association*. V 62: 731. 1973.

Collins, C.E., Collins, C., Roentgen dermatitis treated with fresh whole leaf of Aloe Vera. *American Journal of Roentgenology and Radium Therapy*. V 33: 396-397, March, 1935.

Zawahry, M.E., Hegazy, M.R., Helal, M. Use of Aloe in treating leg ulcers and dermatoses. *International Journal of Dermatology*. V 12(1): 68-73. Jan-Feb. 1973.



Featured Ingredients in our Aloe Body Care

Sacha Inchi: (found in Hot Stuff Massage Lotion)

- The high quality nutritious oil is considered a Super food due to its high concentration of polyunsaturated fatty acids yielding an excellent source of Omega 3 (alpha-linolenic acid) and Omega 6 (linoleic acid), relatively low levels of saturated fatty acids and no cholesterol.
- It contains antioxidant Vitamins A (Beta Carotene) and Vitamin E (Alpha-Tocopherol), is high in protein and rich in essential amino acids which are highly digestible (96%) and the essential minerals, Magnesium, Calcium and Zinc.
- This oil is extracted by simple cold pressing with no further refining required and contains no toxic elements in its composition.

Arnica: (found in Aloe Vera Gel)

- In the 19th and 20th centuries, eclectic physicians and health practitioners used Arnica for contusions, bruised muscles, painful breasts, chronic sores, abscesses, sunburns, superficial burns, and diaper rash.
- Arnica is used in creams, tinctures and other topical preparations.
- Arnica products are for external uses, including sore muscles, pain and inflammation.
- It promotes healing of overworked muscles from the demands of modern life, and is recommended for use before and after sports activities, surgery, or dental work. †

Avocado oil: (found in That Stuff Aloe Lotion)

- It is used in cosmetics, where it is valued for its supposed regenerative and moisturizing properties.
- It is high in monounsaturated fats and Vitamin E.
- Avocado oil also enhances the carotenoids and other nutrients.
- Avocado oil was originally, and still is, extracted for cosmetic use because of its very high skin penetration and rapid absorption.

Resources:

https://en.wikipedia.org/wiki/Avocado_oil
<http://www.mercola.com/infographics/avocado-uses-health-benefits.htm>
<http://www.medicinehunter.com/arnica>
<http://www.historicalremedies.com/arnica>
<https://incaliving.com/sachainchi-history/>
https://en.wikipedia.org/wiki/Plukenetia_vulubilis



The Health Benefits of Sunlight Exposure

Most people are familiar with the risks of unprotected sun exposure, such as sunburn, wrinkles, freckles, eye damage and skin cancer.

However, although overexposure to the sun is bad for your health, getting enough exposure to sunlight is necessary and beneficial. Adequate time in the sun gives you several benefits:

- A boost in serotonin, a neurotransmitter that regulates your appetite, sleep, memory and mood.
- Support of your circadian rhythm, which leads to better sleep - sunlight "turns off" melatonin production each morning, which is the hormone that makes you feel drowsy as it gets darker at night
- Production of Vitamin D, which is needed for important body functions such as strengthening your bones and contributing to your immune system.
- Relief of stress and pain, and help for individuals suffering from seasonal affective disorder (SAD), a type of depression
- Lowered risk for nearsightedness – research indicates that children who spend more time exposed to sunshine outside may reduce their risk of becoming nearsighted.

The key to reaping the health benefits of sunlight while avoiding the risks is balance and moderation. The U.S. National Institutes of Health recommend about 10 to 15 minutes in the sun without sunscreen. The time of day and your skin pigmentation will affect how much unprotected time in the sun is healthiest for you.

It's especially important to wear sunscreen or limit direct sun exposure between 10 a.m. and 4 p.m., when the sun's rays are the strongest. And while you're out enjoying the sunshine, don't forget UV-blocking sunglasses to protect your eyes.

PentaCare™ Skin Care Program



- Lift & tighten skin contours
- Enhance skin's radiance & tone
- Restore the skin's Natural Moisture Factor
- Assist in the natural regeneration of the skin's structural proteins

Take a new approach to your skin care with PentaCare™

New Spirit Naturals is always on the cutting edge of natural product development and the PentaCare™ skin program is a way for the body to benefit from all natural ingredients. Each of these products can be used individually or as a 5 step system for maximum benefit. Creating a skin care program that uses vitamins, minerals and natural botanicals to help keep your skin looking young and healthy while repairing and rebuilding the skin from the inside out, anti-aging ingredients makes the PentaCare™ skin program the top choice for our customers around the world.

Discover the secrets of each product:

STEP ONE: Purifying Creme Cleanser (Recommended for Normal to Sensitive Skin)

- Gently cleanses impurities using the natural botanical extracts of aloe vera, cucumber, chamomile, kelp, yarrow, orange peel and rose extracts with the addition of Vitamins A, C & E to neutralize free radicals.
- Gently sweeps away external pollutants and skin waste products while supplying an antioxidant complex important for reducing inflammation.

Deep Foaming Cleanser (Recommended for Normal to Oily Skin)

- Contains a gentle fruit acid (AHA) to gently exfoliate dead cells that can lead to clogged pores and skin damage and Vitamins A, C & E to help neutralize free radicals.
- Botanical extracts including orange peel, cucumber, rose extracts and aloe vera to help soothe and calm irritated skin and reduce inflammation.

STEP TWO: PhytoFresh Firming Gel

- Help prevent dehydration and inflammation after cleansing with this refreshing toner.
- Formula includes plant and marine extracts to help energize, hydrate, lift and firm the skin while enhancing the skin's Natural Moisturizing Factor.

STEP THREE: HydraBalance MicroCollagen Moisturizer

- Nourishes your skin to maintain an amazing complexion.
- Anti-Aging/Anti-Inflammatory ingredients include, Sea Silk, seaweeds and micro-collagen peptides to help keep the skin youthful, hydrated and protected from damage.

STEP FOUR: Pentapeptide-SF Eye Contour Serum

- Revitalize the most sensitive areas of your skin with protective natural ingredients, multiple peptides and antioxidants including pomegranate, bilberry and green tea.
- Reduce the visual appearance of fine lines and wrinkles with the added benefits of a Pentacomplex to improve firmness.



STEP FIVE: LipoAmino A.L.E. Night Repair Serum

- Immediately and dramatically restores elasticity to the skin and reduces inflammatory reactions.
- A.L.E. helps firm the skin while slowing the cutaneous aging process.
- Protects the skin's natural elastin.

Try these additional PentaCare™ Products for Healthy Glowing Skin

Aloe Face Lift

Revitalizes, gently lifts and renews your skin. Combine this rich protein complex powder with PhytoFresh Firming Gel. Together, these skin loving formulations provide a deep beauty treatment to awaken your complexion. For best results, use twice weekly. To complete your facial, follow with HydraBalance MicroCollagen Moisturizer.

Skin Radiance

An exfoliator that incorporates mixed fruit acids and alpha hydroxy acid (AHA) in a rich moisturizing media to naturally exfoliate and stimulate the skin's renewal process. Use morning and night to enjoy a vibrant youthful radiance.

Viva La Derma PLUS A



The skin has a remarkable ability to repair itself when provided essential nutritional building blocks. Referred to as "The Miracle of the Andes" Viva La Derma PLUS A utilizes the best nature can provide, 100% pure natural oil from the Rosa Mosqueta, adding only natural vitamins proven by science to enhance the cosmetic value of your daily skin care. The nutritional properties of Viva La Derma PLUS A include:

Essential Fatty Acids - Supplies important nutrients to restore and maintain the skin's youthful health and vitality. EFA's are necessary in prostaglandin synthesis, a process that virtually gives life to cellular tissue.

Natural Vitamin C - An essential nutrient for the synthesis of collagen in the skin and throughout the body.

The PLUS is Retinol A - A safe, non prescriptive form of Vitamin A, an important nutrient that frees the cells of free radicals.

Vitamin E Linoleate - The youth vitamin.

Viva La Derma Plus A is recommended for all skin types. It is particularly recommended during and after sun exposure to minimize the dehydrating effects of the environment.

For best results, apply a few drops of Viva La Derma Plus A twice a day, morning and evening, on clean skin. Pay special attention to age lines (signs of collagen collapse), dry patches and wherever you would like to experience a more youthful complexion. The longer you use this skin loving formulation, the more you will love the way your skin looks and feels.

NEW Improved Advanced Formula!

PentaCare™ Skin Illuminating Serum™



- Amino Acid Complex (mimics the skin's structure)
- Diminishes the appearance of fine lines and wrinkles
- Natural botanicals and hydrating agents
- Helps recapture youthful luminosity
- Replenishes over 200 natural growth factors and growth frictions
- Smooths skin without the unpleasant side effects found with harsh cosmetic therapies
- No harsh chemicals or parabens



(350) 30 ml.

A Breakthrough in Skin Rejuvenation

Our **Skin Illuminating Serum™** has a long history of development and incorporates the latest advances in anti-aging serums. The technology grew out of research at an epithelial auto-graft facility that provided three dimensional tissue engineered skin and cornea for burns, diabetic leg ulcers and patients with ocular surface disorders as well as regenerative bioengineering and repair.

The end result was the development of a patent-pending solution that is referred to as stem cell conditioned media. The resulting liquid media* (**containing no stem cells**) delivers over 100 (possibly as many as 400) key growth factors found in human skin. Growth factors are naturally occurring regulatory molecules which bind to receptors on the cell surface. They in turn stimulate cell and tissue function through influencing cell differentiation by changing their biochemical activity and cellular growth, and regulating their rate of proliferation.

Our **Skin Illuminating Serum™** is formulated with:

- A special stem cell conditioned media*
- Peptide Complex (penta and tetra)
- An amino acid complex (which mimics the amino acid structure of skin)
- A skin energizing complex of cationic and anionic minerals
- Moisturizing, hydrating and nourishing agents
- Panthenol (Vitamin B5)
- Natural botanicals, Aloe and Green Tea

*Function

TGF- beta (b,1 b2, b3)	Stimulates collagen production Stimulates fibroblast collagenase and glycosaminoglycan production Increases fibronectin synthesis Inhibits the skin's matrix degradation
PDGF	Stimulates fibroblast collagenase and glycosaminoglycan production Stimulates angiogenesis
GM-CSF	Stimulates wound contraction Improves leukocyte function Activates neutrophils, eosinophils, and monocytes/macrophages Interleukins. Regulate cell homeostatis
(IL-3), (IL-6) (IL-7), (IL-)	Stimulate proliferation and differentiation of hematopoietic cell lines Function as anti-inflammatory agents and stimulate wound healing.

Drink your way to Youthful Skin, Hair, Nails & Joints

PentaCare™ Ageless Beauty

Our skin is one of the primary indicators of our health. It often presents itself with many external symptoms indicating our state of health. Symptoms can be:

- Dryness
- Age spots
- Wrinkles
- Sagging skin
- Puffiness
- Roughness
- Loss of elasticity and flexibility
- Loss of brightness and tonicity

PentaCare™ Ageless Beauty contains:

Collagen Type I

- Our Ageless Beauty collagen is sourced from the skins of deep water kosher fish (cod, haddock, pollock and hack).
- All fish used are wild fish and are not exposed to antibiotics or hormones which can be found with farm raised fish.
- Our special white fish collagen is a source of concentrated protein (91-95%) for nutraceutical and food applications.
- It exceeds the purity requirements of the United States, European and Japanese Pharmacopeias.

Collagen Type III

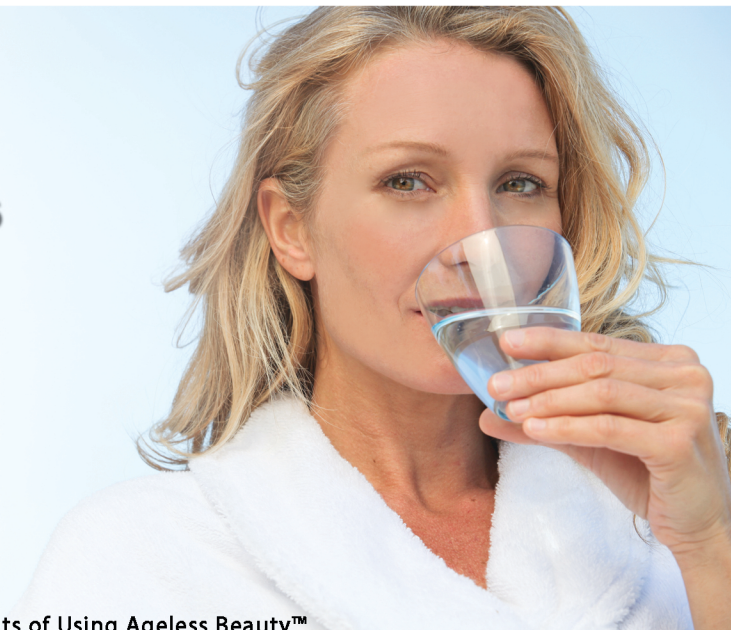
- 100% pure pharmaceutical food grade bovine collagen.
- Type III is the second most abundant collagen in human tissue exhibiting elastic properties to skin, blood vessels and various internal organs such as intestines, liver, kidney, lungs, spleen and uterus.
- Together Type I and Type III make up approximately 75% of the total collagen in the body.

Benefits of Using Ageless Beauty™

- Helps reduce fine lines and wrinkles
- Moisturizes, hydrates and tones skin
- Promotes beautiful hair and nails
- Supports smooth range of motion.

Hyaluronic Acid

- Also known as HA, Hyaluronic Acid has been widely used in the cosmetics industry as a natural moisturizing factor.
- Acts as a molecular sponge capable of retaining water up to a thousand times its own weight.
- It is one of the most hydrophilic molecules in nature which maintains skin elasticity and lubricates the joints.
- Provides moisturizing benefits, reduces the appearance of wrinkles and improves joint function along with many other anti aging benefits.
- HA plays an important role for both mechanical and transport properties in the body. For example, HA gives elasticity to joints and vertebrae disks.
- Hyaluronic Acid is a member of polysaccharides that have been termed "Connective tissue polysaccharides", "mucopolysaccharides", "glucoaminoglycan".
- An amino acid complex of glutamine, glycine, lysine and proline.



BEAUTY FROM WITHIN

Skin is the primary indicator of health and presents external aging symptoms. There is a growing body of research that shows that nutraceuticals and food based ingredients can promote a younger looking skin, adding smoothness and suppleness.

Fine lines, wrinkles, and loss of elasticity are common signs often associated with aging skin. Excessive environmental exposure may also contribute to dull, rough or dry skin. By targeting these skin concerns one can often dramatically improve the youthful appearance of skin.[†]

Collagen and Hyaluronic Acid are two keys to beautiful skin, hair & nails. Collagen serves as an important building block for the skin and makes up approximately 30% of the protein of the living body and 70% of the protein that makes up skin.[†]

Hyaluronic Acid is a natural substance with unique physical and chemical properties. Hyaluronic Acid acts like a molecular sponge and is able to retain water up to 1000 times its weight.[†]

Hyaluronic Acid may also help maintain the health of the skin. It is a mucilaginous mucopolysaccharide that contains a polymer of N-acetyl glucosamine and D-Glucuronic Acid and is found in the connective tissues, such as the skin, synovial fluid and cartilage.[†]

Amino Acids such as Glutamine, Glycine, Proline, and Lysine are natural constituents of collagen and appear to be needed to help maintain a healthy looking skin.[†]

[†] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Made in
the USA
#351

Science and Chemistry
for Amazing Skin

ageless

BEAUTY

Collagen Type I & III

with Hyaluronic Acid

Nutritional Support for
Skin • Hair • Nails • Joints

300 grams
Dietary Supplement • Drink Mix

Supplement Facts

Serving Size: 5 grams	Servings Per Container: 60		
	Amount per Serving	%	DV*
Calories	25		
Sodium	10 mg	<1%	
Protein	4 g	8%	
Vitamin C (as Ascorbic Acid)	70 mg	116%	
Hydrolyzed Collagen (Type I & III)	4700 mg	†	
Hyaluronic Acid	100 mg	†	
Proprietary Blend L-Glutamine, L-Glycine, L-Lysine, L-Proline	50 mg	†	
Proprietary Blend Green tea (Camellia sinensis) Extract, Pomegranate (Punica granatum) Extract, Olive Leaf (Olea europaea) Extract, Resveratrol Extract	5 mg	†	
<small>Other ingredients: Natural Flavor.</small>			

*Percent Daily Value are based on a 2,000 calorie diet.
† Daily Value has not been established.

SUGGESTED USAGE: Mix 1 tsp. (5 grams) daily with 8 ounces of purified water or your favorite fruit juice or smoothies, for faster results use 2 servings per day.

ALLERGEN STATEMENT: Contains fish or fish derivatives.

WARNING: Do not use if safety seal is broken. Check with your doctor or health care practitioner before using this product if you are pregnant, nursing or have any medical conditions. Store in a cool dry place. Keep out of the reach of children.
Product sold by weight not volume.

Programa del Cuidado de la Piel PentaCare



- Levanta y reafirma los contornos de la piel
 - Mejora el resplandor y la tonicidad de la piel
- Restaura el Factor de Humedad Natural de la piel
- Ayuda en la regeneración natural de las proteínas estructurales de la piel

Un Nuevo enfoque para el cuidado de su piel con PentaCare™

New Spirit Naturals esta siempre en la vanguardia del desarrollo de productos naturales y el programa del cuidado de la Piel. PentaCare es una manera en que el cuerpo se beneficia de todos los ingredientes naturales. Cada uno de estos productos pueden ser usados individualmente o como un sistema de 5 pasos para su máximo beneficio. Creando un programa del cuidado de la piel con vitaminas, minerales e ingredientes botánicos naturales, para ayudar a mantener tu piel joven y saludable mientras repara y reconstruye la piel de adentro hacia fuera, ingredientes anti-envejecientes hacen que el programa del Cuidado para la Piel PentaCare™ sea la mejor opción para nuestros clientes alrededor del mundo.

Descubre el secreto de cada producto:

PRIMER PASO: Purifying Creme Cleanser (Recomendado para Piel Normal a Sensitiva)

- Limpia suavemente las impurezas usando extractos botánicos naturales de aloe vera, pepino, manzanilla, Kelp, cáscara de naranja y extractos de rosas con agregados de Vitamina A, C y E para neutralizar los radicales libres.
- Retira suavemente contaminantes externos y deshechos de la piel, mientras le suministra un complejo de antioxidantes importantes para reducir la inflamación.

Deep Foaming Cleanser (Recomendado para la Piel Normal a Grasa)

- Contiene ácido de frutas en una forma delicada (AHA) que exfolia suavemente las células muertas que pueden tapar los poros y dañar la piel, más Vitaminas A, C y E que ayudan a neutralizar los radicales libres.
- Extractos botánicos incluyendo cáscara de naranja, pepino, extractos de rosas y aloe vera para ayudar a suavizar, calmar la irritación de la piel y reducir la inflamación.

SEGUNDO PASO : PhytoFresh Firming Gel

- Revitaliza las áreas más sensitivas de la piel con ingredientes protectores naturales y antioxidantes tales como: te verde, granada, arándanos.
- Reduce la apariencia de finas líneas y arrugas con los beneficios de un Pentacomplex para mejorar la firmeza de la piel.

TERCER PASO : - HydraBalance Microcollagen Moisturizer

- Nutre la piel y la mantiene hermosa .
- Incluye ingredientes Anti envejecientes/Anti inflamatorios, algas marinas y péptidos micro-colágenos, para mantener una piel juvenil, hidratada y protegida de los daños del medio ambiente.

CUARTO PASO: - Pentapeptide-SF Eye & Face Contour Serum

- Revitaliza las áreas más sensitivas de la piel con ingredientes protectores naturales y antioxidantes tales como: te verde, granada, arándanos.
- Reduce la apariencia de finas líneas y arrugas con los beneficios de un Pentacomplex para mejorar la firmeza de la piel.



Viva La Derma PLUS A

La piel tiene una notable capacidad para repararse así misma cuando se le proporciona bloques de nutrición esencial. Conocido como el "El Milagro de los Andes" Viva La Derma PLUS A utiliza lo mejor de lo que la naturaleza puede ofrecer. Aceite de Rosa Mosqueta 100 % puro aceite natural. Añadiendo solo vitaminas naturales ofrecidos por la ciencia para aumentar el valor cosmético del cuidado diario de la piel. Las propiedades nutricionales de Viva La Derma PLUS A incluye:



Ácidos Grasos Esenciales suministran importantes nutrientes para restaurar y mantener la salud y vitalidad juvenil de la piel. EFA son necesarios en la síntesis de prostaglandinas, un proceso que da vida al tejido celular.

Vitamina C Natural - Un nutriente esencial para la síntesis del colágeno de la piel del todo el cuerpo.

The PLUS is Retinol A Una forma segura no prescriptiva de vitamina A, un importante nutriente que libera a las células de radicales libres.

Vitamin E Linoleate – Vitamina de la Juventud.

VIVA LA Derma Plus A es recomendada para toda clase de tipos de piel. Particularmente recomendada durante y después de la exposición al sol para minimizar los efectos deshidratantes del medio ambiente.

Para obtener mejores resultados, aplicar unas cuantas gotas de Viva La Derma Plus dos veces al día, mañana y noche sobre una piel limpia. Prestando especial atención en las líneas de la edad (signos de colapso de colágeno) zonas secas y donde quieras experimentar mayor apariencia juvenil. Con el uso prolongado de esta fórmula más le encantará ver y sentir su piel.

QUINTO PASO: LipoAmino A.L.E. Night Repair Serum

- De forma dramática e inmediata restaura la elasticidad en la piel y reduce las reacciones inflamatorias
- A.L.E. ayuda a reafirmar la piel mientras disminuye el proceso de envejecimiento cutáneo.

Prueba estos productos adicionales de PentaCare™ para lograr una piel resplandeciente y saludable.

Aloe Face Lift

Revitaliza, levanta delicadamente y renueva la piel. Mezcle este producto rico en proteínas con PhytoFresh Firming Gel. Y la unión de estas dos fórmulas suaves proporcionarán a tu piel un tratamiento profundo de belleza para despertar tu cutis. Para obtener mejores resultados use dos veces por semana. Para finalizar tu facial aplicar HydraBalance Microcollagen Moisturizer.

Skin Radiance

Incorpora ácidos de frutas y ácido alfa hidróxido (AHA) como un medio hidratante para exfoliar de forma natural y estimular el proceso de renovación de la piel. Usa en la mañana y en la noche para disfrutar de una radiante luminosidad juvenil.