



## The Wellness Pack

### Product Overview

Without good health, everyday can be an overwhelming struggle. Optimal health is necessary to accomplish what we want out of life. All of us want to be healthy, but all too often we find ourselves struggling to make the food choices that will provide the necessary nourishment our bodies need to properly function and thrive. And who can blame us, since the choices we are offered in most markets or restaurants consist of over processed, high calorie and saturated fat foods that are made with massive amounts of salt and sugar. While they may taste good, they often don't support optimal body function and may be contributing factors in some of our society's most common health concerns.

Dr. Larry Milam, founder of New Spirit Naturals, designed The Wellness Pack to specifically address the nutritional deficiencies that lead to our most common health concerns. The seven products in New Spirit's Wellness Pack contain powerful antioxidants, plant based phytonutrients, digestive flora, friendly pre and probiotics, powerful enzymes, heart healthy omegas, digestible proteins with a full spectrum of amino acids, colon cleansing fiber and much, much more.

### The Wellness Pack Works to:

- Neutralize** free radicals<sup>†</sup>
- Promote** normal intestinal tract health<sup>†</sup>
- Support** healthy daily elimination<sup>†</sup>
- Provide** heart healthy omegas and macronutrients<sup>†</sup>
- Rebuild** with easy digestible proteins and amino acids<sup>†</sup>
- Maintain** a healthy diet and lifestyle<sup>†</sup>
- Create** abundant, long lasting Energy<sup>†</sup>



### The Wellness Pack contains **Seven Products** that include:

#### Green Magic™

A total body rejuvenation food that contains **NO cholesterol and less than 15 calories per serving**. This superfood blend contains seventeen nutrient dense foods that provide your body with a full complex of enzymes, minerals, amino acids and vitamins along with a abundant helping of free radical neutralizing antioxidants from nature's most giving foods. Some of the key ingredients in Green Magic™ include:

**Green Foods** - Sun soaked **Spirulina** and Chlorophyll Rich Broken Cell Wall **Chorella**

**Cereal Grasses**- **Barley, Wheat Grass** and **Kamut** juices that are picked at their nutritional peak for maximum benefit.

**Seaweed Vegetables** - **Icelandic Kelp** and **Nova Scotia Dulse** that are rich in ocean minerals, protein, essential fatty acids and potassium.

**Probiotics** - **Jerusalem Artichoke Flour** which is a superior prebiotic. It works to enhance New Spirit Naturals' blend of **Lactobacillus Acidophilus/Bifidus** probiotics that provide "friendly flora" to balance and aid the digestive system.

**Nutrient Rich Foods** - such as **Rice Kernel Membrane Powder** which provides energy giving B vitamins as well as a good source of thiamin, riboflavin, niacin and Vitamin E and minerals such as iron, potassium, magnesium and calcium. A **High Pectin Apple Fiber** that was specifically chosen for its special fiber and ability to enhance the bodies' absorption of minerals.



## VitaBalance 2000+

A daily multivitamin that provides a comprehensive nutritional foundation for good health and wellness by providing a optimized blend of all essential vitamins and minerals.

VitaBalance 2000+ provides support for hundreds of metabolic processes in the body which require vitamin and minerals.

VitaBalance 2000+ contains:

- Full spectrum of **70+ trace minerals** in their ionic state.
- Optimized antioxidant **Citrus Bioflavonoid Complex**.
- Complete complex containing all eight water soluble B vitamins.
- 125 ingredients including herbs, vitamins and minerals.

## Mega Pro Plus:

A powerful antioxidant complex that helps combat the consistent barrage of free radicals that are working to accelerate the aging process.

It provides broad support by incorporating the following:

- Polyphenols** from Green Tea Extract
- Carotenoids** (Lutien and Lycopene)
- Bioflavonoids** from Citrus Peels
- Cucuminoids** from Curcumin C3 complex
- Chlorophyll** from Wheat Grass Juice
- PhytoSterols** from Tomato Extract
- Sulforaphanes** from Broccoli Extract and well as **Alpha Lipoic Acid** and **N-Acetyl Cystiene**

## Meal in a Glass™:

An excellent source of cell rebuilding high quality protein (**12 grams per serving**) that does not contain the undesirable cholesterol or fats of animal meat proteins.

Meal in a Glass™ provides a full spectrum of valuable essential and nonessential amino acids that allows the body to build additional proteins.

Great as a meal replacement or as part of a daily nutritional shake to maintain healthy body composition and weight management.







## New Life 1000™

Derived from deep cold water fish oil, New Life 1000™ provides beneficial fatty acids, referred to as Linoleic (Omega 6), Alpha-Linolenic (Omega 3) and Gamma Linolenic (GLA). Since these essential fatty acids cannot be manufactured by the body, it is vital that they are obtained through diet or supplementation.

**Omeegas can assist the body by:**

**Lowering** LDL (bad cholesterol) and increasing HDL (good cholesterol) levels.†

**Stimulating** production of natural anti-inflammatory agents in the body.†

**Helping** improve brain function.†

**Assisting** in naturally reducing inflammation and arthritic conditions.†

**Interesting Fact** – Optimum health requires 25 to 30 grams of fiber daily. The average Americans' diet contains approx. 10 to 15 gram a day.

## NutriCleanse™

A bulk forming mixture of soluble and insoluble fibers, NutriCleanse™ provides a quick and easy way to add much needed fiber to your diet.

Some key ingredients include:

**Plantago Psyllium Seed** – a non-digestible bulking fiber with twice the bulking capacity of bran. Often referred to as Nature's broom.

**Guar Gum**- a digestible fiber that helps prolong the absorption of sugars resulting in slower rise in blood sugar levels.

**Probiotics**- To help maintain the pH of the bowel and assist digestion.

**Apple Pectin & Chlorella**

**Aloe Vera & Papain**

**Garlic, Cayenne & Black Walnut**



## Phyto Opti-Zymes™

All fresh foods are rich in enzymes that are necessary for digestion. However statistics reveal that fewer than 10% of people consume enough fresh fruits and vegetables necessary to provide optimal dietary enzymes.

Phyto Opti-Enzymes™ contains a full spectrum of **plant based enzymes** to aid in the digestion of fats, sugars, milk, fibers, carbohydrates and proteins.

Daily intake before meals can be beneficial for:

Disturbed Digestion†

Gas†

Indigestion & Heartburn†

Bloating†

Upset Stomach†

Low Energy & Fatigue†





## The Wellness Pack Contains

# NO

Artificial sweeteners

Artificial colors

Artificial flavors

Gluten

Preservatives

High Fructose Corn Syrup

### Product Usage:

**Adults:** Products in the Wellness Pack are available in many different forms (powder or capsules) with adjusted serving sizes. Please consult the label for individual product servings. **Children 4-12:** Recommended servings should be reduced to half a serving. **Children under 2:** Seek advice from a health care professional.

Consult the product labels for additional beneficial information.

### Who can benefit?:

New Spirit Naturals' Wellness Pack is perfect for people of all ages that are looking to improve their health and build a strong foundation to achieve optimal wellness. †

## Wellness Pack Special Price

**Special Retail Price: \$145.95**

**Member Wholesale Price: \$109.47**

To learn more about our Success Plan and become a Member or how to earn a bigger discount, contact your independent member, our Customer Care Team at (800) 922-2766 or visit our website: [newspirit.com](http://newspirit.com)

